

















Vegetarian Main Course

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)
FFL Original Cheese and Baked Bean Puff * 				>																			>		>		
FFL Original Plant Burger in a Bun * 						<																	>		>		
FFL Original Chickpea and Vegetable Biryani* 																											
FFL Original Cheese and Tomato Pizza* 				>																				>		>	
FFL Original Quorn Sausages in a Bun - TEMP * 						<																		>		>	
FFL Original DK Sausage Toad in the Hole * 					>						>												>	>	>	>	?
FFL Original Quorn Sausage Toad in the Hole - TEMP * 					>						>												>	>	>	>	?

Starch Accompaniment

	Sulphites				
	Mustard				
	Lupin				
	Celery and Celeriac				
	Milk				
	Sesame Seeds				
	Soya and Soya Products				
	Molluscs				
	Crustaceans				
	Fish				
	Eggs				
	Hazelnuts				
	Tree Nuts				
	Almonds				
	Brazil Nuts				
	Cashew Nuts				
	Macadamia Nuts				
	Pecan Nuts				
	Pistachio Nuts				
	Walnuts				
	Other Nuts				
	Peanuts				
	Gluten (Oats)				
	Cereals Containing Gluten				
	Gluten (Rye)				
	Gluten (Wheat)				
	Gluten (Barley)				
FFL Original Dry Roasted Potato Wedges* 					
FFL Original Oven Chips* 					
FFL Original Fluffy Rice* 					
FFL Original Mashed Potato* 					

Jacket/Pasta

	Sulphites	Mustard	Lupin	Celery and Celeriac	Milk	Sesame Seeds	Soya and Soya Products	Molluscs	Crustaceans	Fish	Eggs	Hazelnuts	Tree Nuts	Almonds	Brazil Nuts	Cashew Nuts	Macadamia Nuts	Pecan Nuts	Pistachio Nuts	Walnuts	Other Nuts	Peanuts	Gluten (Oats)	Cereals Containing Gluten	Gluten (Rye)	Gluten (Wheat)	Gluten (Barley)	
FFL Original Jacket Potato with Cheese * 					>																							
FFL Original Jacket Potato with Baked Beans * 																												
FFL Original Pasta with Tomato and Basil Sauce * 																								>	>	>		
FFL Original Pesto Pasta * 					>																					>		
FFL Original Jacket Potato with Tuna Mayonnaise *										>	>																	
FFL Original Vegetable and Basil Pasta * 																								>	>	>		

Bread

Sulphites	
Mustard	
Lupin	
Celery and Celeriac	
Milk	
Sesame Seeds	
Soya and Soya Products	>
Molluscs	
Crustaceans	
Fish	
Eggs	
Hazelnuts	
Tree Nuts	
Almonds	
Brazil Nuts	
Cashew Nuts	
Macadamia Nuts	
Pecan Nuts	
Pistachio Nuts	
Walnuts	
Other Nuts	
Peanuts	
Gluten (Oats)	
Cereals Containing Gluten	>
Gluten (Rye)	
Gluten (Wheat)	>
Gluten (Barley)	

FFL Original Bread * 