



# St. Augustine's RSE and PSHE Curriculum 2025 2026

| Year   | Autumn  | Spring   | Summer   |
|--------|---|--|--|
| Rec    | Module 1 Unit 1 Story Sessions Handmade with Love<br>Module 1 Unit 2 Session 1 am me<br>Module 1 Unit 2 Session 2 Head Shoulders Knees and Toes<br>Module 1 Unit 2 Session 3 Ready Teddy<br>Module 1 Unit 3 Session 1 I like, you like, we all like | Module 1 Unit 3 Session 2 All the Feelings<br>Module 1 Unit 3 Session 3 Let's Get Real<br><br>Module 1 Unit 4 Session 1 Growing Up<br>Module 1 Unit 4 Session 2 New People<br>New Places   | Module 3 Unit 1 Session 1 God is Love<br>Module 3 Unit 1 Session 2 Loving God Loving Others<br><br>Module 3 Unit 2 Session 1 Me, You and Us<br>Module 3 Unit 2 Session 2 When I grow up<br>Module 3 Unit 2 Session 3 Money Doesn't Grow on Trees<br><br>Preparing for Transition – Changes |
| Year 1 | Module 1 Unit 1 Story Sessions Let the Children Come<br>Module 2 Unit 1 Session 1 God Loves You<br><br>Module 2 Unit 2 Session 1 Special People<br>Module 2 Unit 2 Session 2 Treat Others Well<br>Module 2 Unit 2 Session 3 and say sorry           | Module 2 Unit 4 Session 1 Good and Bad Secrets<br>Module 2 Unit 4 Session 2 Physical Contact<br>Module 2 Unit 4 Session 3 Harmful Substances<br>Module 2 Unit 4 Session 4 Can you help me part 1<br>Module 2 Unit 4 Session 5 Can you help me part 2 | Module 3 Unit 1 Session 1 Three in One<br>Module 3 Unit 1 Session 2 Who is my Neighbour?<br><br>Module 3 Unit 2 Session 1 The communities we live in<br>Module 3 Unit 2 Session 2 Who will I be?<br><br>Preparing for Transition – Changes   |
| Year 2 | Module 1 Unit 1 Story Sessions Let the children come  | Module 1 Unit 3 Session 2 Feeling Inside and Out   | Module 1 Unit 3 Session 1 Real life online   |



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|        |  |   |   |
|--------|--|---|---|
|        | <p>Module 1 Unit 2 Session 1 I am Unique<br/>         Module 1 Unit 2 Session 2 Girls and Boys (Version 2)<br/>         Module 1 Unit 2 Session 3 and 4 Clean and Healthy my body</p> <p>Module 1 Unit 3 Session 1 Feelings, Dislikes and Likes</p>                            | <p>Module 1 Unit 3 session 3 Super Susie gets angry</p> <p>Module 1 Unit 4 Session 1 The cycle of life<br/>         Module 1 Unit 4 Session 2 Beginnings and Endings<br/>         Module 1 Unit 4 Session 3 Change is all around</p>  | <p>Module 1 unit 3 session 2 Rules to help us</p> <p>Module 3 Unit 1 Session 1 Three in one<br/>         Module 3 unit 1 Session 2 Who is my neighbour?</p> <p>Module 3 Unit 2 Session 1 The communities we live in<br/>         Module 3 unit 2 Session 2 Needs and wants</p> <p>Preparing for Transition – Changes</p>              |
| Year 3 | <p>Module 1 Unit 1 Story Sessions Get Up<br/>         Module 1 unit 1 session 2 The Sacraments</p> <p>Module 2 Unit 1 Story Sessions Jesus my Friend</p> <p>Module 2 Unit 2 Session 1 Family Friend and others<br/>         Module 2 Unit 2 Session 2 When things feel bad</p> | <p>Module 2 unit 3 Session 1 Sharing online<br/>         Module 2 unit 3 session 2 Chatting online</p> <p>Module 2 unit 4 Session 1 Safe in my body<br/>         Module 2 unit 4 session 2 Drugs, alcohol and tobacco<br/>         Module 2 unit 4 session 3 First aid heroes</p> | <p>Module 2 unit 4 session 4 Rights and responsibilities</p> <p>Module 3 Unit 1 Session 1 A Community of love<br/>         Module 3 unit 1 session 2 What is the church?</p> <p>Module 3 unit 2 Session 1 How do I love others?<br/>         Module 3 unit 2 session 2 Working together</p> <p>Preparing for Transition – Changes</p> |



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| <p><b>Year 4</b></p> | <p>Module 1 Unit 1 Story session Get Up</p> <p>Module 1 Unit 2 Session 1 We don't have to be the same</p> <p>Module 1 unit 2 session 2 Respecting our bodies</p> <p>Module 1 unit 3 Session 1 What am I feeling?</p> <p><i>Module 1 unit 3 session 2 What am I looking at?</i></p>   | <p><i>Module 1 Unit 3 Session 3 I am thankful</i></p> <p><i>Module 1 Unit 4 Session 2 A time for everything</i></p> <p><i>Module 1 unit 4 session 3 Big changes little changes</i></p> <p>Module 3 Unit 1 session 1 A community of love</p> <p>Module 3 unit 1 session 2 What is the church?</p>  | <p>Module 3 unit 2 session 1 How do I love others?</p> <p>Module 3 unit 2 session 2 Money Matters</p> <p>Module 1 unit 2 session 3 What is puberty?</p> <p>Module 1 unit 2 session 4 Changing bodies</p> <p><i>Module 1 unit 4 session 1 Lifecycles</i></p> <p>Preparing for Transition – Changes</p> |
| <p><b>Year 5</b></p> | <p>Module 1 Unit 1 Story Sessions Calming the Storm</p> <p>Module 2 Unit 1 Session 1 God is calling you</p> <p>Module 2 Unit 2 Session 1 Under pressure</p> <p>Module 2 Unit 2 session 2 Do you want a piece of cake</p> <p>Module 2 unit 3 session 3 Self-talk</p> <p>Module 1 unit 2 session 2 Girl's Bodies</p> <p>Module 1 unit 2 session 3 Boy's Bodies</p> | <p>Module 2 Unit 3 Session 1 Sharing isn't caring</p> <p>Module 2 unit 3 session 2 cyberbullying</p> <p>Module 2 unit 4 Session 1 Types of abuse</p> <p>Module 2 unit 4 session 2 Impacted lifestyles</p> <p>Module 2 unit 4 session 3 Making good choices</p> <p>Module 2 unit 4 session 4 Giving assistance</p> <p>Module 1 unit 4 session 3 Menstruation</p> | <p>Module 3 unit 1 Session 1 The Holy Trinity</p> <p>Module 3 unit 1 Session 2 Catholic Social Teaching</p> <p>Module 3 unit 2 Session 1 Reaching Out</p> <p>Module 3 unit 2 Session 2 The world of work</p> <p>Preparing for Transition – Changes</p>  |



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|----------------------|---|---|---|
|                      |   |   |   |
| <p><b>Year 6</b></p> | <p>Module 1 unit 1 Story sessions calming the storm</p> <p>Module 1 unit 2 Session 1 Gifts and Talents</p> <p>Module 1 unit 2 session 2 Girl's Bodies</p> <p>Module 1 unit 2 session 3 Boy's Bodies</p> <p>Module 1 unit 2 session 4 Spots and sleep</p> <p>Module 1 unit 3 Session 1 Body Image</p> <p>Module 1 unit 3 session 2 Peculiar Feelings</p> | <p>Module 1 unit 3 session 3 Emotional changes</p> <p>Module 1 unit 3 Session 4 Seeing stuff online</p> <p>Module 1 unit 4 Session 1 Making babies</p> <p>Module 1 unit 4 session 3 Menstruation</p> <p>Module 1 unit 4 session 4 Hope beyond death</p> <p>Module 1 unit 4 session 5 coping with death</p> <p>Module 2 Unit 2 Session 4 Build others up</p> | <p>Module 3 unit 1 session 1 The Holy Trinity</p> <p>Module 3 unit 2 session 2 Catholic Social Teaching</p> <p>Module 3 Unit 2 Session 1 Reaching Out</p> <p>Module 3 Unit 2 session 2 Money and Me</p> <p>Preparing for Transition – Changes</p> |



Please note: Whilst we are mindful that gender reassignment is a real issue for many primary schools, the subject is currently not explored in the Ten Ten Programme – Live Life to the Full, that the school currently follows. Instead, the programme provides fundamental language about our core identity as children of God to enable schools to address specific issues with their whole school community.

**Whole School Provision to promote areas of RSE and PSHE curriculum:**

In addition to our RSE and PSHE curriculum coverage, we will also have whole school focuses throughout the year which align with national events. We will also adapt this provision based on current events and anything that may arise during the year. These support the children in their physical, cognitive, psychological and spiritual development as well as provide awareness of the World that we live in.



# St. Augustine's RSE and PSHE Curriculum 2025 2026

|  <b>St. Augustine's Catholic Primary School</b> <br><b>Whole School Provision: Yearly Plan 2025 – 2026</b> |  |  |   |   |   |  |
|--|--|--|---|---|---|--|
| Half Termly  | Autumn 1   | Autumn 2   | Spring 1  | Spring 2  | Summer 1  | Summer 2   |
| <b>Key Dates</b>   | September 21 <sup>st</sup><br>Gratitude Day<br>Wk beginning<br>1September –<br>Kindness Week<br>British Values –<br>election of School<br>Councillors<br>Black History<br>Month<br>October | Anti-Bullying Week –<br>odd socks day<br>November<br><br>Switch Off Fortnight<br>and COP29<br>November | Children's Mental<br>Health Awareness<br>week Wk Beg 3 <sup>rd</sup><br>February<br><br>Safer Internet Day<br>(Computing) | World Earth Day &<br>Great British Spring<br>Clean<br>April | Personal Safety<br><br>Road Safety<br>First Aid<br>Healthy Eating<br>Dog Trust Safety<br><br>(June) | Fiver Challenge<br><br>Vocations and<br>Aspirations<br>(End of June) |