



# St. Augustine's RSE and PSHE Curriculum 2022-2023

Year Group	Ten Ten Coverage
Reception	<p><b>Created and Loved By God</b> Module 1</p> <p>Unit 1 Story Sessions</p> <p>Unit 2 Lesson 1 I am me</p> <p>Unit 2 Lesson 2 Heads shoulders knees and toes</p> <p>Unit 2 Lesson 3 Ready Teddy</p> <p>Unit 3 Lesson 1 I like, you like, we all like</p> <p>Unit 3 Lesson 2 All the feelings</p> <p>Unit 3 Lesson 3 Let's get real</p> <p>Unit 4 Lesson 1 Growing up (AGE/PREGNANCY and MATERNITY)</p> <p><b>Created to Love Others</b></p> <p>Module 2</p> <p>Unit 1 Lesson 1 Role Model</p> <p>Unit 2 Lesson 1 Who's who (MARRIAGE AND CIVIL PARTNERSHIP)</p> <p>Unit 2 Lesson 2 You've got a friend in me</p> <p>Unit 2 Lesson 3 Forever friends</p> <p>Unit 3 Lesson 1 Safe inside out</p> <p>Unit 3 Lesson 2 My body my rules</p> <p>Unit 3 Lesson 3 Felling poorly</p> <p>Unit 3 Lesson 4 People who help us</p> <p><b>Created to Live in Community</b> Module 3</p> <p>Unit 1 Lesson 1 God is love</p>

	Unit 1 Lesson 2 Loving God loving others Unit 2 Me, you, us	
<b>Year Group</b>	<b>Ten:Ten Coverage</b>	<b>Other objectives - PSHE</b>
Year 1	<p><b>Created to Love Others</b> Module 2 + Unit 1: Lesson 1: God loves you Unit 2: Lesson 1: Special People (MARRIAGE AND CIVIL PARTNERSHIP) Unit 2: Lesson 2 Treat Others well Unit 2: Lesson 3: Say sorry Unit 3: Lesson 1: Being Safe Unit 3: Lesson 2: Good and bad secrets Unit 3: Lesson 3 Physical Contact Unit 3: Lesson 4 Harmful Substances Unit 3: Lesson 5 a Can you Help? Unit 3: Lesson 5 b Can you help?</p> <p><b>Created to Live in Community</b> Module 3 + Unit 1: Lesson 1 Three in One Unit 1 Lesson 1: Who is my neighbour? Unit 2: Lesson 1: The communities we live in</p>	<p>H27. about preparing to move to a new class/year group</p> <p>RI5. how to respond safely to adults they don't know</p> <p>L8. about the role of the internet in everyday life</p> <p>L9. that not all information seen online is true</p> <p>L1. about what rules are, why they are needed, and why different rules are needed for different situations</p> <p>L2. how people and other living things have different needs; about the responsibilities of caring for them</p> <p>L3. about things they can do to help look after their environment</p> <p>L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want</p>
Year 2	<p><b>Created and Loved By God</b> Module 1 + Unit 1 – Story Sessions – 5 x 10-15 minutes Unit 2: Lesson 1: I am unique Unit 2: Lesson 2: Girls and Boys</p>	<p>H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better</p> <p>H27. about preparing to move to a new class/year group</p> <p>L5. about the different roles and responsibilities people have in their community</p>

	<p>Unit 2: Lesson 3: Clean and Healthy Body  <b>(SEX – GENDER)</b>  Unit 3: Lesson 1: Feelings, Likes and Dislikes  Unit 3: Lesson 2 Feeling Inside Out  Unit 3: Lesson 3 Super Susie gets angry  Unit 4: Lesson 1: The Cycle of Life <b>(AGE/PREGNANCY AND MATERNITY)</b></p> <p><b>Created to Live in Community</b>  Module 3 +  Unit 1: Lesson 1 Three in One  Unit 1 Lesson 1: Who is my neighbour?  Unit 2: Lesson 1: The communities we live in</p>	<p>L16. different jobs that people they know or people who work in the community do</p> <p>L17. about some of the strengths and interests someone might need to do different jobs</p> <p>L10. what money is; forms that money comes in; that money comes from different sources</p> <p>L13. that money needs to be looked after; different ways of doing this</p> <p>L15. that jobs help people to earn money to pay for things</p>
<p>Year 3</p>	<p><b>Created to Love Others</b>  Module 2 +  Unit 1: Lesson 1 Story Sessions Jesus my friend 4 x 15 minutes  Unit 2: Lesson 1 Friends, Family and others <b>(MARRIAGE AND CIVIL PARTNERSHIP)</b>  Unit 2: Lesson 2 When things feel bad  Unit 3: Lesson 1 Sharing Online  Unit 3: lesson 2 Chatting online  Unit 3: Lesson 3 Safe in my body  Unit 3: Lesson 4 Drugs, alcohol and tobacco  Unit 3: Lesson 5 First aid heroes</p>	<p>L25. to recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes</p> <p>L26. that there is a broad range of different jobs/careers that people can have; that people often have more than one career/type of job during their life</p> <p>L27. about stereotypes in the workplace and that a person's career aspirations should not be limited by them <b>(SEX – GENDER)</b></p> <p>L30. about some of the skills that will help them in their future careers e.g. teamwork, communication and negotiation</p> <p>R21. about discrimination: what it means and how to challenge it <b>(RACE)</b></p>

	<p><b>Created to Live in Community</b>  Module 3 +  Unit 1: Lesson 1 A community of love  Unit 1: Lesson 2 What is the church?  Unit 2: Lesson 1 How do I love others?</p>	<p>L7. to value the different contributions that people and groups make to the community</p> <p>L12. how to assess the reliability of sources of information online; and how to make safe, reliable choices from search results</p>
<p>Year 4</p>	<p><b>Created and Loved By God</b>  Module 1  Unit 1: Lesson 1: Story Sessions 5x 15mins  Unit 1: Lesson 2: The Sacraments  Unit 2: Lesson 1: We don't have to be the same.  Unit 2: Lesson 2: Respecting our bodies  Unit 2: Lesson 3: What is puberty?  Unit 2: Lesson 4: Changing Bodies  Unit 2: Lesson 5 (optional) Girl and boy discussion  <b>(SEX – GENDER)</b>   Unit 3: Lesson 1: What am I feeling?  Unit 3: Lesson 2 What am I looking at?  Unit 3: lesson 3 I am thankful  Unit 4: Lesson 1 Life cycles <b>(AGE/PREGNANCY AND MATERNITY)</b></p>	<p>H4.9. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p> <p>R21. about discrimination: what it means and how to challenge it <b>(RACE)</b></p> <p>L17. about the different ways to pay for things and the choices people have about this</p> <p>L19. that people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics, or giving to charity)</p> <p>L20. to recognise that people make spending decisions based on priorities, needs and wants</p> <p>L21. different ways to keep track of money</p> <p>L2. to recognise there are human rights, that are there to protect everyone</p> <p>L3. about the relationship between rights and responsibilities</p>

	<p><b>Created to Live in Community</b>  Module 3 +  Unit 1: Lesson 1 A community of love  Unit 1: Lesson 2 What is the church?  Unit 2: Lesson 1 How do I love others?</p>	
<p>Year 5</p>	<p><b>Created and loved by God</b>  <b>Module 1</b> (SEXUAL ORIENTATION is touched upon in the Paradise Street discussion)  Unit 2: Lesson 2 Girls' Bodies  Unit 2: Lesson 3 Boys' Bodies  (SEX – GENDER)  Unit 3: Lesson 1 Body Image  Unit 4 Lesson 3 Menstruation (AGE/PREGNANCY AND MATERNITY)  <b>Created to Love Others</b>  Module 2 +  Unit 1 Lesson 1 Is God calling you  Unit 2 Lesson 1 Under pressure  Unit 2 Lesson 2 Do you want a piece of cake?  Unit 2 Lesson 3 Self talk  Unit 3 Lesson 1 Sharing isn't always caring  Unit 3 Lesson 2 Cyberbullying  Unit 3 Lesson 3 Types of abuse</p>	<p>H4.5. that female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk. (See Ten ten guidance)</p> <p>L27. about stereotypes in the workplace and that a person's career aspirations should not be limited by them (SEX – GENDER)</p> <p>L28. about what might influence people's decisions about a job or career (e.g. personal interests and values, family connections to certain trades or businesses, strengths and qualities, ways in which stereotypical assumptions can deter people from aspiring to certain jobs)</p> <p>L29. that some jobs are paid more than others and money is one factor which may influence a person's job or career choice; that people may choose to do voluntary work which is unpaid</p> <p>L31. to identify the kind of job that they might like to do when they are older</p> <p>L32. to recognise a variety of routes into careers (e.g. college, apprenticeship, university)</p>

Unit 3 Lesson 4 Impacted lifestyles  
Unit 3 Lesson 5 Making good choices  
Unit 3 Lesson 6 Giving Assistance  
**Created to Live in Community**  
Module 3 +  
Unit 1 Lesson 1 The Trinity  
Unit 1 Lesson 2 Catholic Social Teaching  
Unit 2 Lesson 1 Reaching Out

H41. strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about

H50. about the organisations that can support people concerning alcohol, tobacco and nicotine or other drug use; people they can talk to if they have concerns

L1. to recognise reasons for rules and laws; consequences of not adhering to rules and laws

L5. ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choices can affect the environment (e.g. reducing, reusing, recycling; food choices)

L13. about some of the different ways information and data is shared and used online, including for commercial purposes

L14. about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information

L15. recognise things appropriate to share and things that should not be shared on social media; rules surrounding distribution of images



L16. about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation

<p>Year 6</p>	<p><b>Created and Loved By God</b>  Module 1 + (SEXUAL ORIENTATION is touched upon in the Paradise Street discussion)  Unit 1 Story Sessions  Unit 2 Lesson 1 Gifts and talents (MARRIAGE AND CIVIL PARTNERSHIP)  Unit 2 Lesson 4 Spots and Sleep (SEX – GENDER)   Unit 3 Lesson 2 Peculiar feelings  Unit 3 Lesson 3 Emotional Changes  Unit 3 Lesson 4 Seeing stuff online  Unit 4 Lesson 1 Making Babies Part 1 (AGE)  Unit 4 Lesson 2 Making Babies part 2 (AGE)  <b>Created to Live in Community</b>  Module 3 +  Unit 1 Lesson 1 The Trinity  Unit 1 Lesson 2 Catholic Social Teaching  Unit 2 Lesson 1 Reaching Out</p>	<p>H24. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools</p> <p>H45. that female genital mutilation (FGM) is against British law, what to do and whom to tell if they think they or someone they know might be at risk (See Ten Ten guidance)</p> <p>L18. to recognise that people have different attitudes towards saving and spending money; what influences people's decisions; what makes something 'good value for money'</p> <p>L22. about risks associated with money (e.g. money can be won, lost or stolen) and ways of keeping money safe</p> <p>L23. about the risks involved in gambling; different ways money can be won or lost through gambling-related activities and their impact on health, wellbeing and future aspirations</p> <p>L24. to identify the ways that money can impact on people's feelings and emotions</p> <p>L8. about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities (RACE)</p> <p>L9. about stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes (RACE)</p> <p>L10. about prejudice; how to recognise behaviours/actions which discriminate against others; ways of responding to it if witnessed or experienced (RACE)</p>
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		<p>H24-. problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools</p> <p>R4-. that forcing anyone to marry against their will is a crime; that help and support is available to people who are worried about this for themselves or others</p>
<p>Please note: Whilst we are mindful that gender reassignment is a real issue for many primary schools, the subject is currently not explored in the Ten Ten Programme – Live Life to the Full, that the school currently follows. Instead, the programme provides fundamental language about our core identity as children of God to enable schools to address specific issues with their whole school community.</p>		

Whole School Provision to promote areas of RSE and PSHE curriculum:

In addition to our RSE and PSHE curriculum coverage, we will also have whole school focuses throughout the year which align with national events. We will also adapt this provision based on current events and anything that may arise during the year. These support the children in their physical, cognitive, psychological and spiritual development as well as provide awareness of the World that we live in.

<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>St. Augustine's Catholic Primary School</p> <p>Whole School Provision: Yearly Plan 2022 – 2023</p> </div>  </div>						
Half Termly	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Dates	<p>National Recycling Week</p> <p>Black History Month</p>	<p>Anti-Bullying Week – odd socks day</p> <p>Road Safety Week (same week as anti-bullying however can be covered following week)</p>	<p>Children's Mental Health Awareness week (Place2Be)</p> <p>Safer Internet Day (Computing)</p>	<p>International women's Day</p> <p>World Earth Day – led by Eco team</p>	<p>Sun Awareness Week (Science)</p> <p>Mental Health Awareness week</p> <p>World Bee Day – Eco Team (Assembly)</p>	<p>Fiver Challenge</p> <p>Vocations and Aspirations Week</p> <p>Health Week – First Aid (Science)</p>



		Grief Awareness Week				
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